

Preparing for Your IV Sedation Appointment

Please read these instructions before your visit

You are scheduled for root canal (endodontic) treatment using **IV sedation** together with **local anesthetic** (numbing medicine). Discomfort afterward is usually mild and easy to control with medicine. We will give you written aftercare instructions at your appointment.

Arrange a ride before your visit

An adult must **drive you home** and **stay with you for a few hours** after your appointment.

BEFORE YOUR APPOINTMENT

1 Do not eat or drink anything for 6 hours before your appointment.

2 Keep taking your regular medicines.

Continue medicines for blood pressure, thyroid and other conditions as your physician recommends. If you have diabetes, ask your physician when to take your medicines. Questions? Please call us before your appointment.

3 Take antibiotics first, if you have been told to.

If your physician or dentist told you to take an antibiotic before dental care (for example, for mitral valve prolapse, a heart murmur, a hip, knee, heart or other prosthesis, or past rheumatic heart disease), make sure you take it on the day of your appointment. Please call if you have questions.

4 Consider taking an anti-inflammatory the day before.

If you can safely take ibuprofen or naproxen, starting it before your visit helps reduce swelling and pain afterward. The day before your appointment, take:

- **Advil** (ibuprofen 200 mg): 4 tablets every 6 hours, **or**
- **Aleve** (naproxen 220 mg): 2 tablets every 12 hours

Stop 6 hours before your appointment, when you also stop eating and drinking.

5 Wear comfortable clothes with short sleeves.

This lets us place your IV and blood pressure monitor easily.

We look forward to seeing you!