

After Your Root Canal Treatment

What to expect and how to care for your tooth while it heals

Your root canal treatment is complete. The inside of the root is now permanently sealed. The top of the tooth has a **temporary filling**.

Important: your next step

Call your general dentist **right away** to schedule a permanent filling or crown. Without it, the tooth can break or decay, and the root canal may need to be redone.

We will send a full report of your treatment to your dentist.

WHAT IS NORMAL

- Your tooth and the gum around it may be **tender**, especially when you bite.
- This gets better as the tissues around the tooth heal.
- Healing is different for everyone. It can take **up to 6 months** to heal completely.

MANAGING DISCOMFORT

You may take **one** of these over-the-counter pain relievers:

Medicine	Strength	How much	How often
Ibuprofen (Advil, Motrin)	200 mg tablets	1 to 4 tablets (200 to 800 mg)	Every 6 hours
Naproxen (Aleve)	220 mg tablets	1 to 2 tablets	Every 12 hours
Acetaminophen (Tylenol)	500 mg tablets	1 to 2 tablets	Every 6 hours

Call us right away at 801-278-3636 if:

- Pain is not controlled by the medicines above
- Swelling develops
- You are not sure whether what you are feeling is normal

Please have your **pharmacy's phone number** ready when you call.

YOUR FOLLOW-UP VISIT

Most root canal treatments heal very well. Once in a while a problem develops, so we like to check how your tooth is healing. Your treatment **includes a short follow-up exam at no extra charge**. It only takes a few minutes.

Please call us during this month to schedule it: _____

Thank you for trusting us with your care. If you have questions or problems, you are always welcome to call.